



Valhalla Wilderness Program Equipment List 2022/2023

- **There will be fees for out trips that cover ski days/camping/ snow cat/ lodge expenses (usually \$30-\$80/trip, depending on the trip).**
- Students are expected to provide their own personal gear; however the program does have a selection of group equipment (camp stoves, pots, pans, etc.).

The school has group equipment (tents, stoves, thermorests, etc.) that will be provided. However, the following list of equipment and supplies must be provided by the student:

Personal Equipment List for Backpacking Trips:

- Overnight backpack (45-69 litre)
- Water bottle (1 litre, screw lid)
- Rain jacket (coated nylon)
- Rain pants
- 100 weight fleece jacket or wool sweater
- Fleece or wool vest
- 3 pairs merino wool socks
- Nylon camp pants
- Long underwear top and bottom (capilene or polypro)
- Waterproof breathable jacket
- 2 T-shirts
- 2-3 pairs underwear
- Bandana
- Lightweight hiking boots
- Hiking shoes
- First aid kit
- Blister kit (i.e. Second Skin)
- Toothbrush/small container for toothpaste (i.e. film canister)
- Measuring cup/spoon
- Whistle
- Good sunglasses

- Hat (for sun)
- Lighter (in ziplock bag)
- Toque
- Wool mitts
- 3 garbage bags
- Face cloth or small towel (cut old one in half)
- Small roll toilet paper (in ziplock bag)
- Personal Journal and pen (in ziplock bag)
- Compass and map
- Flashlight/headlamp
- Repair kit, fire starter kit
- Trowel

Overnight:

- Sleeping bag and stuff sac

Athletic Equipment:

- Backcountry skis or snowboard and helmet
- Good quality mountain bike and helmet
- Body armor (for biking)

Optional:

- Camera
- Binoculars
- Water purifier tablets